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THE EAGLE EYE

Sept 11, 2025

A WELCOME BACK PANCAKE BREAKFAST was held on Tuesday, Sept. 9.
Many thanks to our EPS Foundation for hosting this free breakfast for students & staff!

THE EDGERTON PUBLIC SCHOOL FOUNDATION is looking for feedback regarding the swimming lessons they have sponsored the past few years. Please take a moment to fill out the survey by copying the following link:
https://docs.google.com/forms/d/16SnEDzA8Y_jJfdnVjqt90mjdSlSiUB0E0NMmOhFksfQ/edit?usp=drivesdk

REQUEST FOR PARENT DRIVERS FOR YEARBOOK LUNCH DAYS:

Our yearbook club will be organizing some lunch days again this year, as our fundraiser. We are asking for parent volunteer drivers to pick up the lunches on the following Tuesdays & Thursdays:

December 18

January 13, January 22

February 17, February 26

March 17, March 26

April 21, April 30

May 19, May 28

Please let Mrs. Moran know if you are available on any of these dates to help out!

terri.moran@btps.ca or 587.281.0312

TERRY FOX RUN will take place on Thursday, September 25. Please use the following information to donate to cancer research on behalf of our school
<https://schools.terryfox.ca/98145>. Our goal for fund raising this year is \$1,800.00.

AWARDS NIGHT date has changed from our original date of October 10. The new date is **Thursday, October 16 at 7:00 p.m.** in the school gym. Hope to see you all there.

SCHOOL FORMS DUE There are a few students who have not brought back their forms that were sent home on the first day of school. If you have not seen any forms from your child, please let Miss Carrie know in the office and she will print new ones off to get to you.

CROSS COUNTRY RUNNING OPPORTUNITY Our cross-country running team has been taking advantage of the beautiful fall weather! If your runner is interested in doing the Wainwright Bison Dash on September 20th, please use this link for information and registration! <https://raceroster.com/events/2025/105441/bison-dash-2025>

Attachments:

1. Home: For Young Adults
2. EPS Foundation Coffee & Baking Fundraiser
3. Update from Shannon Fife

This series is being
facilitated by therapists
from Good Life Collective.

We will begin Thursday,
September 25th from
5-6:15pm.

Young adults ages 16-21 are
invited to participate at no
cost thanks to funding by
Wainwright FCSS and
Primary Care Network.

***To save your spot:**
hello@goodlifecollective.ca



HOME: FOR YOUNG ADULTS

Come home to who you are, and
how you move through the world.



Join us for a 4-week journey
as we learn evidence based
practices to grow to know
ourselves through self-
compassion. gentle
movement. and
community.



21 October 8:30 AM



EDGERTON PUBLIC SCHOOL
FOUNDATION
INVITES YOU TO A

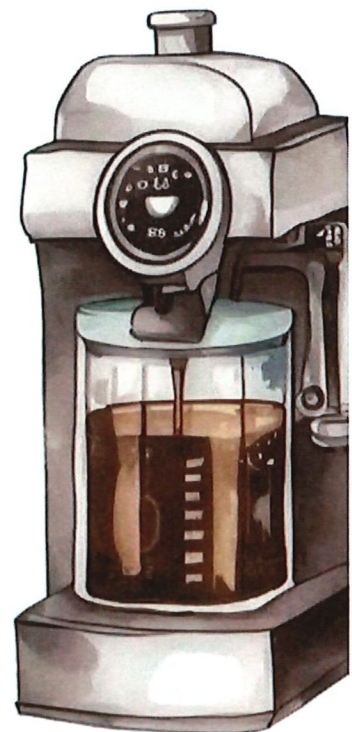


*Coffee &
Baking*

FUNDRAISER

Rise & Grind For Education

EDGERTON PUBLIC SCHOOL



**PROCEEDS WILL BENEFIT THE
EDGERTON PUBLIC SCHOOL FOUNDATION**
Hot lunch, students classroom & more!

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**To Donate Baking Please Contact
Ashley 780-806-3173 or
Sandy 780-842-8668**

Come Grab
Your Morning
Coffee &
Some Baking!

South Schools



wainwrightonwellness

Welcome Back, Staff and Students!



I am **Shannon Fife, the Wellness Facilitator** for the South Schools Wainwright On Wellness Program. As we begin another exciting school year, I'm thrilled to reconnect with all of you on behalf of **the Mental Health Capacity Building (MHCB) program**. This year, we continue **our commitment to supporting mental wellness for everyone through universal programming that's integrated right into your classrooms**. These engaging

and age-appropriate sessions are **designed to build skills like emotional regulation, healthy relationships, and resilience**—tools that benefit us all, every day. You'll also notice a new name this year. **Our program has transitioned from BRITE to WOW** (Wainwright On Wellness), reflecting our fresh approach and ongoing dedication to mental health in the south schools.

Many of you have already worked with me through the BRITE program. Much of the programming will remain quite similar. **I look forward to working together to consider the uniqueness of each of the south**

schools and the topics that may be needed to address areas of concern. I have access to many peer reviewed programs that will help strengthen the students' understanding of their own mental health and wellness regardless of their age.

I look forward to **connecting with everyone to begin the process of setting up programming within your school.** Due to the changes in the program, I will be covering all five south schools for the school year. I am open to coming up with creative ways to meet the needs at each school. Please feel free to reach out to me through my email: shannon.fife@btps.ca to find out more information.

Here's to a positive, healthy, and empowered school year together!

Shannon

WOW Wellness Facilitator

What is Mental Health Capacity Building?

It is "the capacity of each of us to feel, think and act in ways that enhance our ability to enjoy life and deal with the challenges we face. It is a positive sense of emotional and spiritual well-being that respects the importance of culture, equity, social justice, relationships and personal dignity."



- Public Health Agency of Canada